GOVERNMENT OF ANDHRA PRADESH
ABSTRACT

YAT&C (YS) Dept. – Youth Services – Expedition to Mount Kilimanjaro – Orders - Issued.

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YOUTH ADVANCEMENT TOURISM & CULTURE (Sps. & YS) DEPARTMENT

G.O.RT.No. 53 **Dated: 29-01-2018**
Read the following:

1. From the Special Commissioner of Youth Services, Lr.No.1049/APSTEP/Trg/2017, dt.18.09.2017.
2. From the Special Commissioner of Youth Services, Lr.No.1049/APSTEP/Trg/2017, dt.Nil.01.2018.

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O R D E R:-

In the reference read above, the Special Commissioner of Youth Services has requested the Government to accord necessary approval for the guidelines and to permit her to incur an expenditure of Rs. 2-00 crores from out of the scheme budget available with them for the year 2017-18 for sending 40 youth for expedition to Mount Kilimanjaro which aims to instil a sense of confidence and self-esteem in the participants.

2. The Government after careful examination of the proposal, hereby accord approval to the guidelines furnished by the Special Commissioner of Youth Services & Managing Director, APSTEP, Vijayawada for expedition to Mount Kilimanjaro (Africa's highest mountain - one of the seven summits) for sending **40 youth** (10 SC, 10 ST and 20 others) and accord permission to the Special Commissioner of Youth Services & MD, APSTEP, Vijayawada to incur an expenditure not exceeding Rs.2.00 (Rupees two crores only) from out of the scheme funds available with them from the provision of 2017-18 B.E available with them under the following Head of Account

"2204- Sports and Youth Services
MH 001 – Direction & Administration
GH11 - State Development Plan
(06) Youth Welfare Schemes
500/503 – Other expenditure",
"2204-Sports & Youth Services -
GH 11- State Development Plan

SH (04) Youth Welfare Schemes
500/503 – other expenditure", "
2204 – Sports & Youth Services
MH 796- Tribal Area Sub Plan
GH – State Development Plan
SH (05) Youth Welfare Schemes
500/503 – Other Expenditure".

3. The approval is subject to the condition that they should not come up to Government for any further financial assistance in the B.E. 2017-18, and should not ignore the projects for which budget is allocated in the B.E. 2017-18 while incurring the proposed expenditure of Rs.2.00 crores.

4. The Special Commissioner of Youth Services and Managing Director, APSTEP, Vijayawada is further instructed for calling tenders from the reputed agencies working in the field to entrust the task through a State Level Committee comprising the following members:

Special Chief Secretary to Government, - Chairman
YAT&C (Sports & Youth Services) Department
Representative of DGP's office - Member
Representative of Principal Chief Conservator of Forests - Member
Managing Director, AP Tourism Development Corporation - Member
Secretary, AP Social Welfare Residential Educational Institutions Society - Member
Special Commissioner of Youth Services - Member Convener

(P.T.O)

5. The Special Commissioner of Youth Services and Managing Director, APSTEP, Vijayawada shall take necessary action in the matter accordingly and give wide publicity to the programme to enable satisfactory response from youth in this state to afford them an opportunity for selection and to under go relevant training to experience thrill of adventure.

(BY ORDER AND IN THE NAME OF THE GOVERNOR OF ANDHRA PRADESH)

L.V. SUBRAHMANYAM
SPECIAL CHIEFSECRETARY TO GOVERNMENT

To
The Special Commissioner of Youth Services and Managing Director,
APSTEP, Vijayawada
Copy to :
The DGP of Police, A.P.., Amaravathi
The PCCF, Forest Department
The Managing Director, A.P.Tourism Development Corporation.
Vijayawada
The Secretary, A.P. Social Welfare Residential
Educational Institutions Society (APSWREIS)
The P.S to Hon'ble M(L&J,SD,Y.S,UB,NRI)
The P.S. to Special Chief Secretary to Govt. YAT&C(Sps. & YS) Dept.

//FORWARDED :: BY ORDER//

SECTION OFFICER
(Annexure)

(Annexure to G.O. Rt. No. 53 , 29/01/2018 Proposal for Expedition to Mt. Kilimanjaro
(Africa's Highest Mountain – One of the Seven Summits)

Background:

Mt. Kilimanjaro is the highest mountain in Africa, located in Northeast Tanzania, near the Kenya border. Kilimanjaro is an extinct volcano, and world's highest free standing mountain. Mt. Kilimanjaro, with its three volcanic cones, **Kibo, Mawenzi** a nd **Shir a,** isan inactive stratovolcano in north- eastern Tanzania at 5,893 meters or 19,334 ft above sea level (**Uhuru Peak).**

The mountain intrigues its visitors by its uniqueness. Its slopes are covered by a variety of vegetations as well as a variety of ecological systems. Plantations, mostly of coffee, for which Tanzania is famous, cover its lowest slopes. Higher up lies a tropical rainforest, followed by heath, moor land, alpine deserts and the ice-capped summit.

AIM of the expedition:

- The main aim of this expedition is to ignite the spirit of adventure and exploration in young minds.
- To still a sense of confidence and self esteem in the participants To allow participants to achieve a highly personal sense of achievement
- To create idols that can boost the morale of the marginalised youth who are generally to the poor, neglected and underprivileged sections of the Society
- To provide them a platform to prove themselves and world that if opportunities are provided they **are not inferior to anyone.**
- To provide chance to meet others who have similar interests, promote unity, cohesiveness and better relationships through cooperation and coordination among the participants of expedition team.
- To hone teamwork and leadership skills
- To make them more globally aware by engaging them with other culture of foreign land
- To promote aesthetic appreciation of nature and concern for environment
- The Participants who would return from their expedition with increased energy and enthusiasm and a sense that if they really apply themselves, **there is no limit to what they can do.**
- To raise the bar in terms of physical fitness, communication, teamwork and organization, all highly valuable skills they can draw on in their post-expedition lives
- Enhance employment prospects – To encourage participants to pursue adventure as profession and convert into career in adventure sports or adventure tourism.
- To pitch the State of Andhra Pradesh on to the global adventure map.

Eligibility:

- Youth between the age group of 21 to 35 years. (Certificate of date of birth shall be produced).
- Native/Resident of Andhra Pradesh State as on 02nd June, 2014. (Certificate shall be produced).
- Annual income of the family from all sources of the family members shall be less than Rs.81,000/- if the family resides in rural area and Rs.1,03,000/- if the family resides in municipal area. The family includes husband and/or wife and their unmarried children. House hold card (white ration card) may be considered as one of the evidence of income.
- Should have graduation degree.
- Speaking skills in English and Hindi language will be an added advantage for easy learning, training and interaction with Sherpas during the expedition.

Note: No limitations pertain to height and education.

(P.T.O)

Preference will be given to:

a) Non-students, members of NCC, NSS, Scouts and Guides, Members of Youth Clubs, Sports persons, National/State Youth Awardees etc.,
b) Volunteers working in the field of community development.
C) Both male and female (preferably 50:50), S.C. ST., and others

Application Procedure:

a) Advertisement will be given with a prescribed application format which will also be available in the O/o District Youth Welfare Officer.
b) The District Youth Welfare Officers will also publicise the programme in the print and electronic media in coordination with District Public Relations Officer and invite applications from the eligible youth.
c) Publicity will also be given in all the colleges and universities existing in the district.
d) The interested youth shall submit application form along with date of birth certificate (S.S.C.), medical certificate, three passport size photographs, copy of Aadhar Card within stipulated time.
e) Willing of parents and guardian for participating in the expedition.
f) Permission from College in case of students.

PREPARATION FOR MT. KILIMANJARO CLIMBING:

One has to prepare mentally for the challenge. From beginning to end, Mount Kilimanjaro adventure will run about 10 days. Two days of that (approximately) will be spent on the mountain itself, for acclimatizing, climbing, waiting out bad weather and building up energy. It needs patience, a constantly positive attitude and the ability to be the epitome of a team player. With luck, physical conditioning, skill and good judgment under stressful conditions will result in a positive expedition experience and a safe return home.

The best way to physically prepare for Mount Kilimanjaro is to climb and train at uneven terrain. Consider moving to the Rockies or the Sierras a few months prior to the climb. The preparation of students has been divided into four Stages, they are:

Stage – 1:

Preliminary selections at district level, total 130 youth @ 10 per district will be selected based on the following criteria:

PHYSICAL STRENGTH:

1. Body weight according to height (As per Department of Health – BMI chart).
2. Should qualify in following physical endurance test:

For Male:

- 100 meters race in 16 seconds
- 2.4kms in 10 minutes
- Long Jump: 3.65meters in 3 chances

For Female:

- 100 meters race in 18 seconds
- 2.4kms in 13 minutes
- Long Jump: 2.7meters (9 feet) in 3 chances

MEDICAL FITNESS: Applicant should submit Medical fitness certificate duly signed by government doctor in the prescribed format.

Stage – 2:

The selected 130 youth (10 from each district) will be trained in basis of high altitude climbing and related activities for 4 days. Depending on the performance in course further team will be selected. The criteria for selection is

1. Discipline
2. Interest in field of climbing
3. Mental toughness for climbing and related activities
4. Physical ability in basis of climbing
5. Health conditions
6. Behaviour of youth
7. Team spirit and cooperation

(Contd. P 3.)

Depending on above qualities best performed 60 youth will be selected for further training.

Committee: Following state level committee will be formed to complete selection procedure and Physical Directors of APSWREIS (who already have experience in such programmes) will be coordinating five days programme:

1. Special Commissioner of Youth Services
2. Managing Director, SAAP or his representative
3. Sports Officer of APSWREIS
4. Representatives from organization / institutes selected for expedition

Stage – 3:

The selected team physical fitness enhancement will be done along with mental conditioning. The Final team of 40 youth (10 SC, 10 ST and 20 others) will be selected depending on performance during this process.
Minimum 20% reservation for women.

Climb Mt. Kilimanjaro (Machame Route)

DAY 1

Arrive at Kilimanjaro International Airport in Tanzania. Pickup and transfer to hotel in Moshi. Complete documentation and other works will be done on this day.

DAY 2

- Machame Gate to Machame Camp
- Elevation (ft): 5,400 ft to 9,400ft
- Hiking Time: 5-7 hours

DAY 3

- Machame Camp to Shira Camp
- Machame Camp to Shira Camp
- Elevation (ft): 9,400 ft to 12,500ft
- Hiking Time: 4-6 hours

After breakfast, trek to Shira Camp with pack lunch. Overnight at the Shira Campsite.

DAY 4

- Shira Camp to Lava Tower to Barranco Camp
- Elevation (ft): 12,500ft to 13,000ft
- Hiking Time: 6-8 hours
  From the Shira Plateau, continue to the East up a ridge towards the peak of Kibo. Reach Barranco Hut at an altitude of 13,000 ft by evening. Dinner and overnight camping at Barranco Hut.

DAY 5

- Barranco Camp to Karanga Camp
- Elevation (ft): 13,000ft to 13,100ft
- Hiking Time: 4-5 hours

After breakfast, leave Barranco and continue on a steep ridge passing the Barranco Wall to the Karanga Valley campsite. This is a short day meant for acclimatization. Camping at Karanga Camp.

DAY 6

- Karanga Camp to Barafu Camp
- Elevation (ft): 13,100ft to 15,300ft
- Hiking Time: 4-5 hours

After breakfast, Start from Karanga and hit the junction which connects with the Mweka Trail and continue up to the Barafu Hut. Camp, rest and prepare for the summit day.

DAY 7

- Barafu camp to Summit to Mweka Hut
- Elevation (ft): 15,300ft to 19,345ft (and down to 10,000ft)
- Hiking Time: 7-8 hours ascent / 4-6 hours descent

Summit Mt Kilimanjaro and come back to Mweka Camp for night halt.

(Contd. P 4.)

DAY 8

- Mweka Camp to Moshi
- Elevation (ft): 10,000 ft to 5,400ft
- Hiking Time: 3-4 hours

After breakfast, Trek down to Mweka gate and drive back to hotel in Moshi.

DAY 9

After Breakfast drive to Kilimanjaro International Airport for further transfer.

DAY 10

Arrive Vijayawada.

Budget:

An estimated amount of **Rs.2.00** crores shall be allocated for this expedition towards selecting, providing training and taking team of **40 youth (**10 SC, 10 ST and 20 others) to climb Mt. Kilimanjaro.

L.V. SUBRAHMANYAM
SPECIAL CHIEFSECRETARY TO GOVERNMENT